



Bring-A-Friend T-Ball Clinic Parent/Player Info Sheet

Wear: Athletic clothes (cleats optional)

Bring:

- OPTIONAL: Helmet, Glove, and Bat
- Water
- Face covering, sanitizer,
- Chairs or Blanket to sit on. NOTE: Grass may be wet in the morning.

Location: Guenser Park
17800 Gramercy Place
Torrance, CA 90503

Stations (15 minutes/station):

Players will be split into groups and rotate between stations. Players will also be assigned a youth coach.

- Throwing Station
Players are taught basic throwing motions
- Hitting Station
Players are taught how to hold the bat and will hit into nets off a tee.
- Fielding Station
Players will field ground balls and throw to a player.
- Running Station
Players are taught to run through 1st base after a hit.

Scrimmage

Players will be split into teams and play a short game. Each side will bat and field. If time permits, a 2nd inning can be played.

Schedule

8:45am - 9:00am	Player Check-In
9:00am - 9:15am	Station 1
9:15am - 9:30am	Station 2
9:30am - 9:45am	Station 3
9:45am - 10:00am	Station 4
10:00am - 10:15am	Team Assignments
10:15am - 11:00am	Scrimmage (If time allows)



Fielding Station

Running Station

GUENSER PARK

Check-in

Throwing Station

Hitting Station

PARKING
Gramercy Pl

177th St.

Gramercy Pl

St